



SUMMER WORKSHOPS IN VICTORIA 2020

The Art of Herbal Medicine with Linda Bates

The importance of gut repair - a clinical strategies workshop using traditional approaches with herbal medicine to treat gut wall damage, digestive organ malfunction and microbiome disorder and distress.

For two days we'll look at ways to diagnose the extent of the damage in the individual and the history of why the damage is present. We'll look at what damages the gut and the best herbs we can use to clean up the gut and repair the walls. When do we move on to repairing digestive organs; what do we teach our patients about maintaining a healthy microbiome; how long does it take to restore the gut.

Our patients present us with chronic conditions involving pain and inflammation, with medical names like SIBO, fibromyalgia, I.b.d., coeliac, crohns, arthritis and many others. We'll look at how to start with these chronic conditions; what emotions are connecting the brain and the gut; how to use flower essences and dedications (neuro plasticity /reprogramming techniques) to support them through the gut repair.

This practitioner workshop, with case studies to inspire you, will give you new ideas on diagnosing causes, unconventional ways to approach what to prescribe and mix. We'll look at dosing as a creative strategy for the individual, and have time for discussion.

With each case study I explain what leads me to diagnose the organs and functions that need restoring and rebalancing; how I design the herb mixes; why I chose each herb in the mix; what we expect the body to do with the herbs; the best dose for individual patients; the important role flower essences can play in treatment; the emotional patterns stored in the behaviour of the gut and tools you can use to support change.

Saturday 8th + Sunday 9th February
10am - 5pm daily

Warrawee Wholistic, 87 Warrawee Rd, Balnarring Vic 3926

24 CPE points. Cost: \$700. Morning tea, lunch and pm tea included.
Does NOT incl. accommodation.

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